



Ride for AIDS 10
Anniversary Ride – April 14-15, 2012

IMPORTANT EVENT INFORMATION

Starting point for Saturday April 15, 2012

Union Station 1050 Kettner Boulevard, San Diego, CA 92101

Starting day information for Saturday, April 14, 2012

Registration will begin at 6 A.M. on Saturday, April 14. (Volunteers meet at registration table at 5:30 a.m.). Riders must present an I.D. to check in.

The route will open promptly at 7 A.M. The route will close at 3 P.M. on Saturday April 14, 2012. Riders must be on the road no later than 8:00 a.m. At 3:00 P.M. any rider that are still on the route will be picked up by a sweep vehicle and transported to the day's ending location. ***Please note: riders for this event should be able to average 15 mph including stops. If you can't keep up, you will be sagged to the finish after the first pit stop.**

Day Two – Anniversary Ride: Sunday April 15, 2012

The route will start at 7:00 A.M. from the Double Tree Hotel, 90 Pacifica, Irvine, CA 92618. Riders are encouraged to stay at the Saturday night at this hotel. The hotel is providing discounted rooms for our event.

CLOSING CEREMONIES – April 15, 2012

Yahoo Center Park – 2590 Broadway, Santa Monica, CA
(Southwest corner of Broadway and 26th – across the street from Helen's Cycle)

There will be a ceremony and party at our final destination. Please feel free to invite your friends and family in welcoming us home and to celebrate with us. A catered picnic dinner will be available for all riders and crew free of charge, but at a low cost for friends and family. The Closing Ceremony will start at 3:30 P.M. sharp.

Pit Stops:

There will be four (4) pit stops (including one (1) Lunch Pit) which will be positioned approximately every 25 miles apart. Every Pit will be manned by a Ride for AIDS crew member during open Pit hours. The Pit is for you to fill up your water bottles, drink as

much as you need, get some snack foods for energy, use the restroom, seek medical attention if needed, and get bike repair if needed. Pit hours will be posted at each Pit for your information; this is to ensure you are not riding behind schedule.

Sweep Assistance:

If you should need the sweep vehicle while on the route, use the “thumbs down” signal to alert the sweep vehicle. Please be aware that these vehicles are reserved for those needing medical attention or those unable to complete the day’s event. They are not to be used as a taxi service. Sweep vehicles will also be used to pick up late riders as the route comes to a close. Once you are picked up by the Sweep vehicle you will be returned to the end of the route.

Bicycle Repair:

There will be a bike technician available during the event. The technician will be mobile and will report to the designated area (closest pit stop) to assist the rider. Again use the “thumbs down” signal to get the attention of a sweep vehicle. Please note that you are responsible to changing your own flat tires. All repairs are done by the volunteer technician who has chosen to donate his/her time. You are responsible for paying for all parts used to repair you bike.

Medical Emergencies:

With any emergency dial 911, if possible. We will have EMT’s on the route and should you need assistance call the contact number on your route slip. Get the attention of a sweep vehicle, as the driver will have a cell phone to contact 911 or the Camp Laurel medical team. They will also have the necessary information of local hospitals, emergency facilities, police, and fire departments.

Bike Parking:

While at a Pit stop there will a designated area for you to place your bike, **however you are responsible for your bike.** This is also true for the Closing Ceremonies. **YOU ARE RESPONSIBLE FOR YOUR BIKE AND VALUABLES.**

*****Please note: The Laurel Foundation is not liable for a bike that becomes stolen or lost during the event.***